## Module 19 – Mental Health

## **References**

HealthPartners. *Make it OK*. Accessed in 2021 at: <u>https://makeitok.org/what-to-say/</u>.

HealthPartners. *Hurtful language to avoid.* Accessed in 2021 at: <u>https://player.vimeo.com/video/349483410?dnt=1&app\_id=122963</u>.

HelpGuide. *Depression in Older Adults: Signs, Symptoms, Treatment*. Accessed in 2021 at: <u>https://www.helpguide.org/articles/depression/depression-in-older-adults.htm</u>.

Leahy, W., Fuzy, J., Grafe, J. (2017). *Providing Home Care: A Textbook for Home Health Aides*. (Fifth Edition). Hartman Publishing, Inc. Albuquerque, New Mexico.

Mental Health America. *Personality Disorders*. Accessed in 2021 at: <u>https://mhanational.org/conditions/personality-disorder</u>

Mental Health American. *Depression in Older Adults: More Facts*. Accessed in 2021 at: <u>https://mhanational.org/depression-older-adults-more-facts</u>.

Mental Health American. *Depression*. Accessed in 2021 at: <u>https://mhanational.org/conditions/depression</u>

National Alliance on Mental Illness. *I Stop Stigma By...* Accessed in 2021 at: https://www.nami.org/Blogs/NAMI-Blog/November-2016/I-Stop-Stigma-by%E2%80%A6.

National Alliance on Mental Illness. *Mental Health Conditions*. Accessed in 2021 at: <u>https://www.nami.org/About-Mental-Illness/Mental-Health-Conditions</u>.

National Institute of Mental Health. *Mental Health Medications*. Accessed in 2021 at: <u>https://www.nimh.nih.gov/health/topics/mental-health-medications/index.shtml</u>.

National Institute of Mental Health. *Older Adults and Depression*. Accessed in 2021 at: <u>https://www.nimh.nih.gov/health/publications/older-adults-and-depression/index.shtml</u>.

Shumaker, E. (2017). *It's time to stop using these phrases when it comes to mental illness.* The Huffington Post. Accessed in 2021 at: <u>https://www.huffpost.com/entry/mental-illness-vocabulary n 7078984</u>

Sorrentino, S., Remmert, L. (2017). *Mosby's Textbook for Nursing Assistants*. (9th Edition). Elsevier: New York.